

Northwest Finest

7% FAT

*NATURAL GROUND BEEF NO ADDED HORMONES NO ADDED ANTIBIOTICS

*THIS BEEF IS MINIMALLY PROCESSED AND CONTAINS NO PRESERVATIVES OR ARTIFICIAL INGREDIENTS.

FEDERAL REGULATIONS DO NOT PERMIT PRESERVATIVES IN GROUND BEEF

SAFE HANDLING INSTRUCTIONS
THIS PRODUCT WAS PREPARED FROM INSPECTED AND PASSED
MEAT AND/OR POULTRY SOME FOOD PRODUCTS MAY CONTAIN
BACTERIA THAT COULD CAUSE ILLNESS IF THE PRODUCT IS
MISHANDLED OR COOKED IMPROPERLY. FOR YOUR PROTECTION,
FOLLOW THESE SAFE HANDLING INSTRUCTIONS.

KEEP REFRIGERATED OR FROZEN. THAW IN REFRIGERATOR OR MICROWAVE. KEEP RAW MEAT AND POULTRY SEPARATE FROM OTHER

COOK THOROUGHLY

WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

EEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

Nutrition Facts

Serving Size: 4 oz. (112g) Servings: varies

ount Per Serving

Calories 170 Calories from Fat 70

% Daily Value **Total Fat 8g** 12% Saturated Fat 3g 15% Trans Fat 0g Cholesterol 70mg 23% Sodium 65mg 3% 0% Total Carbohydrate 0g Dietary Fiber 0g 0%

Sugars 0 Protein 24g

Vitamin A 0%

Vitamin C 0%

Calcium 0%

Iron 15% Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs;

Calories: 2,000 2,500

| Total Fat Sat Fat | Less than | 65g | 20g | 80g | 25g | 25

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4



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Organic **Ground Beef** 10% Fat

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COOKED IMPROPERLY. FOR YOUR PROTECTION, FOLLOW THESE SAFE
HANDLING INSTRUCTIONS.



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THAW IN REFRIGERATOR OR MICROWAVE.
KEEP RAW MEAT AND POULTRY SEPARATE FROM
OTHER FOODS.
COOK THOROUGHLY.



WASH WORKING SURFACES (INCLUDING CUTTING BOARDS), UTENSILS, AND HANDS AFTER TOUCHING RAW MEAT OR POULTRY.

KEEP HOT FOODS HOT. REFRIGERATE LEFTOVERS IMMEDIATELY OR DISCARD.

Nutrition Facts

Serving Size: 4 oz. (112g) Servings: About 4

Calories 200 Calories from Fat 100

	% Daily Value
Total Fat 11g	17%
Saturated Fat 4.5g	23%
Trans Fat 0.5g	
Cholesterol 75mg	24%
Sodium 75mg	3%
Total Carbohydrate	0g 0 %
Protein 22g	

Not a significant source of dietary fiber, sugars, calcium, vitamin A and vitamin C.

* Percent Daily Values are based on a 2,000 calorie diet